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Geriatric Interview

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Geriatric Interview

Mrs. Camellia Gonson is a 65 years old female who was interviewed as a geriatric patient. Mrs. Gonson preferred to be called just Camelia as she said she was feeling like young and energetic one. The interview was formed based on a simple range of questions, which assisted in detecting the old woman's personal life and health status. Camellia joyfully agreed to answer all the queries and interact in the further investigation. She consented to the regulations of the interview conduct as well as the confidentiality of the interview.

The interview was held on 15th October from 13 to 16 pm, in one session, as the energetic woman did not have much time to get together twice. Mrs. Gonson suggested conducting the interview in her house explaining that this place makes her feel calm and more confident. The conducted interview will greatly aid the students of dental hygiene in perceiving the way of geriatric patients' reasoning and, consequently, will help gain a greater understanding of such patients as well as create diverse strategies to service them better.

Life History

Camellia remembers her childhood as very active and pleasant. She was born in 40th years of the 20th century and dwelled in a private house in the suburbs of a rather big city. Her parents supposed to be a middle-class family who earned a living by an agricultural business, they were growing vegetables and fruits and selling them on a local market. Camellia had everything necessary for those times child.

Mrs. Gonson attended a school and her learning was rather successful,

whereas, together with her brother, she helped her parents at home and in the family's business. Camellia's parents could give the girl a good education and she studied in the college to be a nurse in the future making her best and having high grades. Besides, she was very communicative and socially active and had many friends as well as a support of her teachers. After college and a year before university, Camellia decided to work in their local medical institute. Her main reason for working there was an ambition to enter the university in the big city and gain a significant experience. The next step in her life was the university, which she recalls with a smile on a face. Mrs. Gonson was a successful student who enjoyed her studying process as well as her medical practice in different clinics and other medical institutions. One more advantage of Camelia's university studying was an opportunity to move to the big city that gave her great chances for the further career.

During her study, Camellia met Mr. Gonson who was a two years older medical student with an ambition to become a surgeon. Their life views appeared to be similar, they looked in one direction, and that led to their marriage. Having married Harry, Camellia felt the happiest woman in the entire world, particularly when she realized that she was waiting for their baby. Now, Mrs. and Mr. Gonson have three children and five grandchildren. Although Camellia and her husband had to overcome many troubles on their way, she claims they are happy now. She admits that people of that time treated each other far otherwise compared to current spouses, whose every problem may lead to the divorce. The woman is very happy to be the part of such a joyful family.

Currently, Mr. and Mrs. Gonson live in a spacious two-floor house in the suburbs. They used to live in the apartments but then decided to build a house for all the family to dwell. Camellia lives with her husband but her children as well as her grandchildren often come to visit them. Moreover,

she tells that they have close relations with their neighbors and often visit each other for a dinner or just for a cup of tea. Camellia introduced the family tradition of cooking a delicious dinner every Sunday and having it together with the children and talking about the significant events of the week.

Mrs. Gonson is a very active woman; she spends her day cooking and cleaning the house and visits salsa lessons, which is her hobby. In the evening, she goes for a walk with her husband or just reads and watches TV. Mrs. Gonson supposes her children are her greatest proud and influence her life much because they are also medical workers and she can learn many new things from them.

Camellia was a doctor but retired five years ago to bring up her grandchildren and to have more time for herself. She claims that she gets rather a high pension that allows her and her husband to afford many things. Mrs. Gonson smiles as she says that getting older means looking older while feeling the same like forty years ago. She wishes younger generations were more tolerant towards each other and spend more time with their close people.

Regarding the dentistry, Camelia claimed that she cleans her teeth twice a day as she always did after her parents taught her. She says that she likes to attend dentists as her teeth are in a good condition. In her opinion, the dentistry has progressed greatly over the years as well as dentist visits done, becoming less painful and more pleasant.

Health/Dental History

Mrs. Gonson admits that the years pass, and people become older as well as their health degrade. Currently, she has to visit the physician more often than she used to do. Camellia has been suffering diabetes for four years,

and her eyesight is rather low. Every day she takes sugar-lowering pills and follows a rather strict diet. Sometimes she feels heartache and takes the Angiotensin II receptor blockers (ARBs) to ease the pain. Her cholesterol level is abnormal as well, so she takes the Cholesterol-lowering drugs. However, she attends salsa lessons and does morning exercises, which make her feel better.

Dental health of Mrs. Gonson is in a good condition, and she visits a dentist on a regular basis. The woman cleans her teeth twice a day and does not smoke or drink alcohol, which ameliorates her dental health. Camellia claims that she has no oral diseases or pain while she examines her health condition on a regular basis due to diabetes. The woman is fully satisfied with the services provided in the dental clinic she attends and wants each clinic to be alike. Camellia claims that she owns both health and dental insurances that facilitate the procedure of attending the doctors, and she has nothing to care about when she comes to the clinics. Once her up-front teeth started to disturb her, the dentist found serious problems and suggested to pluck them and insert the prostheses. The procedure was long enough but now the woman is satisfied with her new teeth because she can laugh as much as she wants. Mrs. Gonson claims that she has no troubles with her new teeth and she cares them the same as all others, by cleaning and swilling them. She also claims that she does not feel any difficulties during eating and that the prostheses do not limit her daily activities.

Summary

Overall, the interview with Camellia Gonson called my best feeling and emotions. She appeared to be a very active and optimistic woman who possesses huge life energy that influences everyone around. Despite diabetes, she is leading a very active life attending dancing classes, walking and doing her house chores. The interview was going easily; I felt the trust

to Camellia and experienced every event she was talking about. Her optimism surprised me greatly, and the main thing I have learned from this interview is a desire to stay as optimistic as this old woman is. She progresses over the years and keeps aware of every new technology. Many of her thoughts corresponded with mine, particularly those of medications and health.